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**CERTIFICATE BY THE SUPERVISOR**

This is to certify that the dissertation entitled “**EFFECT OF PROGRESSIVE MUSCULAR RELAXATION AUTOGENIC MEDITATION AND MENTAL IMAGERY TRAINING ON SELECTED COGNITIVE ABILITIES ANXIETY MOOD STATES GAME SKILL VARIABLES AND PLAYING ABILITY AMONG INTERCOLLEGIATE HOCKEY PLAYERS**” is a record of research work done by **KANNADASAN K**, a part time scholar of Doctor of Philosophy, in the Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai during the year 2010-2013.

This dissertation is his original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associate ship or other similar titles. This dissertation represents entirely an independent work on the part of the candidate but for the general guidance by me.

Station: Chennai

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Date:

Supervisor